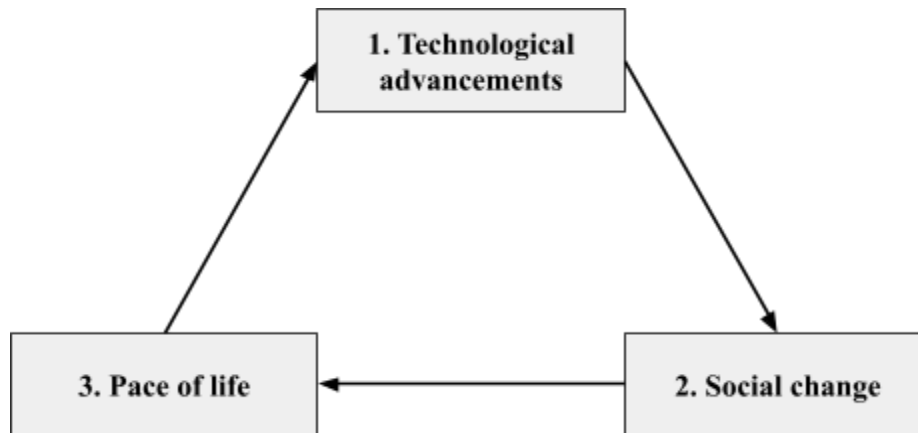


**Resonance and the Psalms:
Faithful Limits in a Control-Driven Age
PCA GA 2026**

1. Problem: Acceleration

“The world in which we find ourselves situated... pushes us downward at every moment, so that we must run ever faster upward in order to maintain our relative place.”

- **Cycle of acceleration:**



- **Mode of Relation:** _____

“The social logic of competition is such that the competitors have to invest more and more energies into the preservation of their competitiveness, until keeping up the latter is no longer a means to lead an autonomous life according to self-defined ends, but the single overarching goal of social and individual life alike.”

- **Symptoms of acceleration:**

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“The obvious conclusion is that the psychological crisis of late modernity, as manifested in the symptoms of stress-, depression-, anxiety-, and burnout-related disorders as well as in phenomena such as ADHD, can with good reason be understood as a crisis of exhaustion in the game of escalation.”

2. Solution: Resonance

“the basic mode of vibrant human existence exists not in exerting control over things but in resonating with them.”

- **Characteristics of Resonance:**

<u>Resonance:</u>	<u>Redemption:</u>
Affection ←	
Emotion →	
Transformation	
Unpredictability	

- **Axes of Resonance:**

- Horizontal: _____
- Vertical: _____
- Diagonal: _____

3. Psalms as Resonant Guide

“By beginning with beatitude, the Psalms locate the rest of their teaching on the Christian life within this larger framework. The Psalms teach us that the Christian life is the good life, the abundant life, the happy life.” – Scott Swain

- **Shape of the Psalms:**

<u>Resonance:</u>	<u>Psalms:</u>
Affection ←	
Emotion →	
Transformation	
Unpredictability	

- **Content of the Psalms:**

- God's _____
- God's _____
- God's _____

Application